

When arriving at your destination, you always realise what you have forgotten at home? – Try using this check-list for your next dive trip

You have travelled for ever so long by plane, bus or boat and are happy to finally arrive at your resort and look forward to the first dive. When unpacking you realise that you have forgotten ...– (put the item here that you usually forget...). In the best case this is only a nuisance if the item can be done without or easily replaced, but if essential items are left at home and you are in a remote location, it might seriously impact your holiday.

Therefore we would like to give you a few hints on what to take on your next dive trip – may it be a good one!

Absolutely essential items

- ✗ **Passport** – or your trip ends right at the border
- ✗ **Visa** – if required for the country you travel to. Check beforehand!
- ✗ **Tickets** – Air / train / bus / boat tickets and **hotel vouchers** are often likely candidates to be forgotten
- ✗ **Money** in local and/or foreign currency (some countries have restrictions), travellers cheques, credit cards
- ✗ **Diving certification card and logbook** – or you will have a nice land-based holiday
- ✗ **Medicine** – if you take prescribed medicine, take enough with you. Pack sea-sickness pills if you are prone to it. Also for travel to remote areas taking a basic **first-aid kit** with you is always a plus
- ✗ **Toiletries** – including toothbrush, toothpaste, shampoo, conditioner, soap, sun block, shaver etc.
- ✗ **Swimming trunks / bikinis** – or are you planning to swim/dive naked?
- ✗ **Enough T-shirts, shorts, underwear, shoes, sandals** – goes without saying

We strongly recommend

- ✗ **Insurance information** – travel, diving or other relevant insurances (insurer, contact details, policy no.)
- ✗ **Photocopies** of passport, tickets, vouchers – for easier replacement in case you lose them during the trip
- ✗ **Telephone numbers** of airline offices, travel agent, hotel etc. – just as a backup
- ✗ **Sunglasses and hat or cap** – when being out there all day you are exposed to more rays than you think
- ✗ **Contact lens solution or spare pair of glasses** – if your eye-sight is less than perfect
- ✗ **Alarm clock** – who hasn't missed the first dive in the morning (or even worse a flight)?
- ✗ **Contraceptives and feminine hygiene** products – no further comment...
- ✗ **Wind breaker, jumper, rain protection** – depending on where and when you are going
- ✗ **Long skirts/pants, shirt/blouse, socks** – if it's either cool or you are going out for a night in town

Optional stuff

- ✗ **Handphone** – as if you ever forgot that one... (how about the **charger?** and the **adapter?**)
- ✗ **Camera and film** – above or below water version
- ✗ **Fish-ID book and dive site descriptions** – if you have one (check our website)
- ✗ **Insect repellent** – depending on where and when you go and how much mosquitoes like you
- ✗ Small pillow, water-proof pouch, swiss army knife, sewing kit, plastic bags, address book, torch-light, spare batteries – if by now you haven't exceeded your luggage allowance yet

Dive gear (depending on what you own)

- ✗ **Mask, snorkel**
- ✗ **Fins, booties**
- ✗ **Wetsuit, vest, hood, gloves**
- ✗ **BCD**
- ✗ **Regulator**
- ✗ **Dive computer**
- ✗ **Surface marker** (“safety sausage”), **tank banger, slate and pencil**
- ✗ **Torch-light and batteries**
- ✗ **Weight belt**
- ✗ **Dive-knife** (only into check-in luggage)

