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PADI Open Water Diver Course Outline

PADI Open Water Diver Course

We structure the PADI Open Water Course around the needs of the students. Often, customized schedules are provided to complement your learning style and personal preferences.

The PADI Open Water Course is *performance-based*, and it is conducted based on the *step-by-step* principle of building scuba skills from simple to complex skills. Full PADI training aids [i.e. Video CDs (4 CD set) and Manual (on loan)] are provided for you to study at your own pace.

The average hours for the theory development and pool training is 15 hours, more than the 10 hours or so allocated by other dive training centers.

For more information, please visit website: www.padi.com

Course fees include:

- Instructor Fees
- PADI Certification fees
- PADI Materials: Log Book
- On Loan: PADI VCDs (4 CDs set) and Open Water Diver Manual, PADI Dive Table
- Dive equipment rental: BCD & Regulator
- Rental of tanks and pool

Theory Sessions (6 hours: 1 full day or 3 x2hr sessions)

<p>Theory session 1 (2 hours) Introduction Chapter 1 <i>The Underwater World</i> <i>Dive Equipment</i> <i>Scuba Systems</i> <i>The Buddy System</i></p> <p>Chapter 2 <i>Adapting to the Underwater World</i> <i>Respiration</i> <i>Dive Equipment</i></p> <p>Chapter 3 <i>The Dive Environment</i> <i>Dive Planning</i> <i>Boat Diving</i></p>	<p>Theory session 2 (2 hours) Chapter 4 <i>Dive accessories</i> <i>Health for Diving</i> <i>Breathing Air at Depth</i></p> <p>Chapter 5 <i>Special Dive Tables and Computer Procedures</i> <i>Use of a Dive Computer</i> <i>Basic compass navigation</i> <i>Diving Adventures</i></p> <p>Theory session 3 (2 hours) done in Pulau Tioman or Aur) <i>Revision and Final exam</i></p>
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Pool Session(s): 1 full day or 2-3 evening sessions (7.30 – 9.30pm)

<ol style="list-style-type: none"> 1. Inflate/deflate BCD at surface 2. Breathing underwater 3. Regulator recovery 4. Regulator clearing 5. Clearing a partially flooded mask 6. Underwater swimming 7. Alternate air source use 8. Deep water entry(s) 9. Snorkel clearing – blast method 10. Snorkel – regulator exchange 11. Descents 12. Surface swimming with scuba 13. Mask removal, replacement and clearing 14. No mask breathing 15. BCD oral inflation and deflation at the surface 	<ol style="list-style-type: none"> 16. Proper weighting 17. Weight removal at the surface (quick release) 18. Equipment removal at surface and exit 19. Neutral buoyancy, fin pivot oral and 20. low-pressure inflation 21. Neutral buoyancy swim 22. Cramp removal 23. Tired diver tow 24. Air depletion/alternate air source combined 25. Exercise 26. Free flow regulator breathing 27. Controlled emergency swimming ascent (CESA) 28. Scuba unit and weight removal and replacement underwater 29. Scuba unit and weight removal and replacement at the surface
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Necessary Things to Budget for:

1. Personal Diving Gear: Mask/snorkel, weight belt, fins/booties

Price range: SGD 110 – 150

Optional items:

- Gear Bag for your dive equipment

Price range: SGD 15 - 35

- Wetsuit

Price range: SGD 80 – 150

2. Medical Examination: necessary if you have prior medical conditions relevant to diving.

SGD 50 - 80

3. Trip small expenses

SGD 25 - 50

**instructor discounts are passed on to students*



FOR OPEN WATER STUDENTS: SELF STUDY INSTRUCTIONS

Use of PADI Educational Materials.

1. See VCD module 1, read Manual Module 1. Quiz yourself (with the main objectives and quick quizzes in the manual). Complete Knowledge Review in Module 1.
2. Do the same, SEQUENTIALLY. And finish up to Module 5.

p.s. do not write on the book. It's on loan. Alternative, you can have it for \$35.

Dated 8 April 2002

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